

**Real Salt Lake Academy High School
Lunch Menu
September 2021**

Monday	Tuesday	Wednesday	Thursday	Flex Friday
6 NO SCHOOL	7 Grab N Go Chicken Tender Pizza w/ cauliflower	8 Grab N Go Cheeseburger Chicken Quesadilla w/ bean soup and fajita veg	9 Grab N Go Chicken Tender Jambalaya w/ white rice GF	10 NO LUNCH
13 Grab N Go Cheeseburgers Chicken Parm w/peas and carrots and mashed potatoes	14 Grab N Go Chicken Tenders Hot Dog w/ broccoli and potato salad	15 Grab N Go Cheeseburger Chicken Nachos w/ spanish rice	16 Grab N Go Chicken Tenders Lasagna w/ cauliflower	17 NO LUNCH
20 Grab N Go Cheeseburger Chicken Alfredo w/ broccoli	21 Grab N Go Chicken Tender Beef Stir Fry w/ rice and peppers and broccoli GF	22 Grab N Go Cheeseburger Pizza w/ peas	23 NO SCHOOL P/T Conference	24 NO LUNCH
27 Grab N Go Cheeseburger Pasta Bolognese w/ zucchini	28 Grab N Go Chicken Tender Meatloaf w/ mashed potatoes and green beans GF	29 Grab N Go Cheeseburger Pulled Pork sandwich w/ potato salad Peas and carrots GF - no bun	30 Grab N Go Chicken Tender Beef Taco w/ corn and spanish rice GF	